

**Noor Al-Hussein Foundation  
Institute for Family Health**

**Mapping of the Rehabilitation Centers in the  
MENA region**



**February, 2013**

## **Introduction**

The Prevention of torture and other forms of ill-treatment is primarily an act of political or professional will, the responsibility of combating torture though is not confined on specific parties but extends to any authority in the society. On the other hand, many torture rehabilitation centers are operating worldwide, and provide inter-disciplinary services to TOV victims in order to empower the torture victim to resume as full life as possible, and rebuilding the life of someone whose dignity has been destroyed, and this can be achieved through providing those multi-disciplinary services which might need long time to have an effective impact.

Most of the MENA centers are substantially involved in the prevention of Torture, thus being a human rights advocates is an additional role that a wide range of centers are covering, nevertheless their main frame-work is the medical rehabilitation and the delivering of rehabilitation services to torture survivors, in addition to collecting and using data on their cases. Rehabilitation of Victims is the core activity of some organizations, while others incorporated it in. Furthermore various organizations are having activities which prevention of torture is considered to be a complementary part of their work.

Regarding Torture Rehabilitation, IRCT (International Rehabilitation Council for Torture Victims) is a health-based umbrella organization that supports the rehabilitation of torture victims and the prevention of torture worldwide and representing an international movement against torture and for victims of torture. There are about 144 Rehabilitation centers and programs from 70 different countries are embraced by the IRCT, including 12 centers in the Middle East and North Africa (MENA) region. As for the Institute for Family Health (IFH), it has become recently a member of the IRCT though it has been operating in this field since 3 years.

This report includes a precise mapping that pinpoints the existing rehabilitation centers in the MENA region, regardless of whether they have been registered as members of IRCT or not, defining their target groups, the participating organizations, institutions, individuals and existing services and training offered. Throughout our research it was found that there are 19 centers in the MENA region offering rehabilitation services to TOV victims in 9 different countries.

A thorough research has been conducted to demonstrate the organizations in Jordan which provide mental health and psychosocial services, organizations and service providers for the refugees, and a full description of the existing rehabilitation centers in the MENA region.

The following table shows the major organizations that provide key services for the Syrian refugees who are residing in Jordan according to data from the UNHCR.

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## **Mental Health & Psychosocial Support in Jordan**

As for the above table, it has been showed that those organizations are not necessarily having the same orientation or the same core work. However this report started with talking about the refugees and the organizations that offer services in this field, also an analysis of the organizations which specialize in/or provide mental health services and psychosocial support, finally will be followed by our main research concern which is the torture rehabilitation and the related organizations.

As for now, talking about the specialized organizations which provide mental health services and psychosocial support, there are about 21 national and international organizations in Jordan operating in this field, some of these are confined on children treatment, others for women and family. However the following are considered to be organizations that provide mental health and psychosocial support in Jordan:

- 1) AHSI (Al Hussein Social Institute (AHSI))
- 2) AKWS (Al Kitab Wa Sunna)
- 3) AVSI Foundation
- 4) CARE Jordan
- 5) CCC (Child Care Center) Hasemi Shamali / MoSD
- 6) CVT - Jordan (Center for Victims of Torture)
- 7) DAHGCC (Dar Al Hanan Girls Care Center)
- 8) DAW (Dar Al Wifaq) / MoSD
- 9) FI Jordan (Fida International Jordan)
- 10) FPD (Family Protection Department)
- 11) GCC (Girls Care Center)
- 12) ICMC (International Catholic Migration Commission)
- 13) ICSC (Islamic Charity Society Center)
- 14) JHAS (Jordan Health Aid Society)
- 15) JPA (Jordanian Psychological Association)
- 16) JRC (Jordan Red Crescent)
- 17) JRF (Jordan River Foundation)
- 18) JRS Jordan (Jesuit Refugee Service)
- 19) LWF Jordan (Lutheran World Federation - World Service)
- 20) IMC (International Medical Corps) Jordan

It is worth to include these organizations in this research, as some of these organizations are involved in torture rehabilitation, others are involved in providing services for refugees who might be a main target group, also mental health treatment is a major part of the healing process for torture victims, and at some point, cooperation with one of these organizations might be an important step for building the capacities in the trauma center and investing more in the mental health treatment.

## Torture Rehabilitation Centers:

From all the pre-mentioned organizations, there are no such organizations that are specialized in the Rehabilitation of Torture victims, the Institutions provide rehabilitation services in Jordan are the institution for Family Health (IFH) and the Center for Victims of Torture (CVT).

The Rehabilitation Services providers are varied according to their specialties, but they share almost the same services, as it was aforementioned that there are about 19 centers in the Middle East operating in the field of Rehabilitation of Torture Victims, 13 out of them are accredited and have a membership in the IRCT. A little description follows showing the main characteristics of each center.

### 1) Institute for Family Health (IFH) / Noor Al Hussein Foundation

**Website:** [www.ifh-nhf.org.jo](http://www.ifh-nhf.org.jo)

**Director:** Dr. Manal Tahtamoni



The Institute for Family Health IFH is a non-governmental organization and is affiliated with Noor Al-Hussien Organization and has two branches. IFH is looking to improve services provided to children and mothers in the Kingdom, and focusing on early diagnosis of disabilities and rehabilitate children suffering from them, furthermore, IFH gives special attention to the preventive and reproductive health in general.

Through the specialized trauma center, IFH has paid attention to different aspects including the health, legal, psychological and social aspects, in addition to delivering services in comprehensive and integrated manner in order to deliver quality services to entire family members throughout the different life stages.

IFH's strategic Objectives are to deliver high quality specialized healthcare, psychosocial and legal counseling, and provide prevention and early detection services to vulnerable groups, developing and conducting training for students and care providers in all related aspects, and finally to enhance and reinforce the role of the trauma center by providing training and rehabilitation in order to become a model for the MENA region.

### Related Organizations:

- 1) Member of IRCT and AMAN Network
  - 2) Working closely and funded by Dignity organization in Denmark
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## 2) Center for Victims of Torture (CVT)

**Website:** [www.cvt.org](http://www.cvt.org)

**Country Director:** Simone van der Kaaden



CVT is an independent NGO which was founded in 1985. In the first 2 years care was provided at the International Clinic of St. Paul Ramsey Medical Center. In 1987 we moved to a more home-like and less institutional setting that would feel welcoming to survivors. Today CVT provides care from our St. Paul Healing Center. The house was designed to meet the needs of torture survivors, with domestic furnishings, large windows and rooms with rounded or angled corners to create an environment much different from the stark square rooms with glaring lights that most torture survivors experienced.

It is an international nonprofit organization dedicated to healing survivors of torture. CVT provide direct care for those who have been tortured, train partners around the world who can treat torture consequences and advocate for human rights.

CVT has rehabilitated over 23,000 torture and trauma survivors through direct healing, also had taken part in post-conflict community building in various countries including Guinea, Sierra Leone, Liberia, Democratic Republic of Congo, Jordan (with Iraqi torture survivors) and Kenya (with Somali torture survivors).

**Areas of work:** Healing services (Social, Psycho, Physiotherapy, and medical treatment), awareness, training, Research, Advocacy.

## 3) Bahrain National Committee for Martyrs and Victims of Torture (Bravo)

**Website:** [www.bravo-bahrain.org](http://www.bravo-bahrain.org)

**Director:** Dr Nabeel Hameed



The Bahrain Rehabilitation and Anti-Violence Organisation (BRAVO): is an anti-violence NGO that works with the aim of achieving compliance and adherence to human rights principles, values, and standards in Bahrain.

Bravo is a newly launched organization, and it is in the preliminary stages regarding the rehabilitation services, currently the organization has 3 psychosocial counselors only, and its main activities are the promotion and protection of human rights, Raising awareness on human rights, and providing the legal advice.

Bravo is looking for more communication with other organizations in the region to exchange information and trying to build its capacities.

**Areas of Work:** Healing Services (legal advice, medical, psychological and physiotherapy), Human Rights protection and raising awareness.

#### 4) Al-Karama Center / Bahrain Human Rights Society

**Website:** [www.bhrs.org](http://www.bhrs.org)

**President:** Dr.Nabil Hasan Tammam

Al-Karama is a rehabilitation center established in 2005, which is related managerially and part of Bahrain Human Rights Society. However the center provides psychosocial services together with medical services to trauma victims and their families, and there are 2 counselors.

Al-Karama is considered the first specialized center in Torture Rehabilitation in the Gulf region, and it is a voluntary center which is considered under the humanitarian activities the BHRS is conducting. It provides psychotherapy treatment and makes referral to health services providers mainly the ministry of health.

#### 5) Bahjat Al-Fuad Rehabilitation of Medical & Psychological Centre for Torture Victims (BFRCT) / Basra, Iraq

**Website:** [www.bahjatalfuad.org](http://www.bahjatalfuad.org)

**Director:** Mr.Abdul Nasser Hussein

The organization had provided trainings for health professionals in a wide spectrum of fields, and had an integral role in training police in human rights issues, moreover the prison staff have been trained about prisoners rights as well while in prison or detention in addition to making visits to prisons, talking to the prisoners and staff and thus identify their requirements and conditions.

The documentation system in the organization is very structured, likewise the database is reliable at the organization and they use it for purposes of statistics, research and monitoring.

**Areas of Work:** Awareness to the Public, Psychosocial and psychiatrist consultation, psychotherapy, rheumatologist consultation, psychotherapy, gynecological consultation, plastic surgery for ear amputees, medication prescriptions and Referrals to other medical specialties.

#### **Related Organizations:**

- 1) Member of IRCT
- 2) Receive Funding from DMFA, UNOPS, OLoF Palme International Center.

#### 6) Kirkuk Center for Torture Victims

**Website:** [www.kirkuk-center.org](http://www.kirkuk-center.org)

**Director:** Mr.Salah Ahmad



The first initiative in Iraq for establishing a center for treatment of torture victims and war-time violence was started in 1992 by the Berlin Center for Torture Victims (bzfo). At that time the center was providing services to men, women, adolescents and children from almost 50 countries. Various services were offered including medical, psychotherapeutic treatment in addition to social support.

The main branch is based in Kirkuk, and there are 5 other branches established in different cities of Kurdistan region which are Sulaymaniya, Erbil, Duhok, Chamchamal, and Halabja.

## 7) Trauma Rehabilitation & Training Center TRTC / Sulaimaniya, Iraq

## 8) Al Fanar Rehabilitation Center

**Director:** Dr.Abdel Basit Mergheni

Al-Fanar Center is a Khartoum-based human rights organization, it was first established to organize demonstrations against the flogging of women in Sudan, it provides services in different disciplines for rehabilitation of TOV victims, and to raise the awareness of the public using different media channels, in addition to providing consultation to other related centers in the Arabian and African region.

**Areas of Work:** Healing Services (Legal Advice, Medical treatment, Psychotherapy support, prescriptions and medications, training, awareness programs, Defending Economic and Social rights, organizing cultural and education programs)

## 9) Amel Center for Treatment and Rehabilitation of Victims of Torture (ACTRVT)

**Website:** [www.amelcentersudan.org](http://www.amelcentersudan.org)

**Director:** Dr. Nagib Nagm Eldine

The center is one of the IRCT members, which provides medical treatment, rehabilitation program including psychological and physical treatment besides different methods of counseling, and legal aid for TOV victims. Moreover some Research activities confined on nomadic populations, street children and the prison situation in Sudan are implemented, the centre also monitors, documents and reports on human rights violations and abuses in Sudan, furthermore it conducts advocacy on national and international levels about the human rights situation in Sudan and has 3 branches of Nyala in South Darfur, El-Fashir in North Darfur and the last is El-Genina in the west of Darfur and intended to establish new center in south of Sudan.

**Areas of Work:** Psychological and Physical treatment, Medical treatment, legal aid.

### Related Organizations:

- 1) Member of IRCT and AMAN Network



- 2) Member PHR and CVT (Minnesota)
- 3) Works closely with UN special Rapporteurs and thematic mandates
- 4) It coordinates campaigns with Amnesty International and human rights and legal aid networks.
- 5) Financed by the EC through SOAT (Khartoum, Nyala and Fashir).
- 6) NED is financing the head office for some workshops and the UNDP was supporting legal aid in Darfur through SOAT.

#### 10) Medical Association of Rehabilitation of Victims of Torture (AMRVT)

**Website:** [assoamrvt@yahoo.fr](mailto:assoamrvt@yahoo.fr)

**Director:** Dr. Abdelkarim Manouzi

AMRVT is one of the IRCT members which provide different rehabilitation services including psychological treatment, Social rehabilitation and vocational training to the Torture survivors and their families. The centre also works to document the cases of ex-detainees in prisons and prison conditions, and organizes activities for the victims of torture to help them reintegrate in society.

Every year, AMRVT organizes several conferences and public meetings. The centre has a full program of visits in villages throughout Morocco, though all medical services are available to any Moroccan who suffered torture for political reasons.

**Areas of Work:** Psychological treatment, social rehabilitation and vocational training, Organizing Conferences and Colloquia, Advocacy, Social work support, physiotherapy, medical treatment, psycho-pharmacotherapy, cognitive-behavioral therapy, family and systematic therapy, and physiotherapy.

#### Related Organizations:

- 1) AMRVT is a member of the AMAN Network of centers for rehabilitation of violence and torture in the MENA region.
- 2) Collaborate with local NGOs in Morocco and organize several activities in coordination with them.
- 3) Have relationships with international institutions and NGOs such as Medecins Du Monde, Amnesty International and France Libertés.
- 4) Funding is received from the European Union, UNVFVT, OAK Foundation, Medecins Du Monde, the Red Cross and Red Crescent, Morocco's Advisory Council on Human Rights (CCDH), Instance Équité et Réconciliation of Morocco.

#### 11) Reception and Orientation Centre for Victims of Torture (CAOVT)

**Website:** [caovt\\_fvj@yahoo.fr](mailto:caovt_fvj@yahoo.fr)

**Director:** Dr. Omar Jbiha

The CAOVT is one of the IRCT members, which works in a comprehensive way as it receive victims, identify their needs and document their cases as well as guides victims towards a network of doctors for treatment, the center provides psychological

support to victims of torture, thus a primary treatment is provided directly by CAOVT and a referral to a hospital or to a network of its affiliated doctors is made accordingly.

The primary objective of CAOVT is to care for and heal victims of torture and their families.

**Areas of Work:** Medical advice, radiological services and laboratories for biological analysis, Physical Diagnostics, Psychological treatment, Raising Awareness on human rights, Anti-Torture Campaigns.

## 12) ODVV: Organization for Defending Victims of Violence

**Website:** [www.odvv.org](http://www.odvv.org)

**Director:** Dr. Siavash Rahpeik



The Organization for Defending Victims of Violence (ODVV) is a non-governmental, non-profit, non-political organization in Special Consultative Status to the Economic and Social Council of the United Nations (ECOSOC). The ODVV was established in 1988 in Tehran and has been active in the field of human rights and humanitarian activities. The ODVV is also associated to the United Nations Department of Public Information (UNDPI), a participatory of the NGOs Coalition for an International Court (based in New York), and national coordinator of the Global March Against Child Labour (based in New Delhi) which cooperated in a variety of issues with international organizations and has working relations with many NGOs in Iran and around the globe. The ODVV is also member of the International Action Network on Small Arms (IANSA), conference of Non Governmental Organization (CONGO), and the International Movement for a Just World.

This organization was established in 1988, based in the Islamic Republic of Iran with a purpose of defending victims of violence and providing services to those victims upon need, Its main objectives is preventing the domestic violence and torture, and providing psychosocial treatment and other services to TOV victims.

**Areas of Work:** psychotherapy, physiotherapy, family therapy, psychiatric therapy, group therapy and psychoanalysis, referral to public hospitals.

### **Related Organizations:**

- 1) Member of IRCT.
- 2) Member of AMAN Network.
- 3) Non-profit, non-partisan organization in Special Consultative Status to the Economic and Social Council of the United Nations (ECOSOC).
- 4) The ODVV is also associated to the United Nations Department of Public Information (UNDPI)
- 5) Participatory of the NGOs Coalition for an International Court (based in New York)

- 6) National coordinator of the Global March Against Child Labour (based in New Delhi)
- 7) Member of the International Organization against Small and Light Weapons
- 8) Member of the UN Conference of Non-Governmental Organizations (CONGO)
- 9) Member of the International Movement for a Just World (JUST).

### 13) Al- Nadim Center for Treatment and Rehabilitation for the Victims of Violence

**Website:** [www.Alnadeem.org](http://www.Alnadeem.org)

**Director:** Dr. Magda Adly



The center for physiological rehabilitation for the victims of torture works to support and rehabilitate the victims of violence and torture whether Egyptian or from other nationalities. The Center also monitors the violations of Human Rights.

El-Nadim center is one of the prominent NGOs, that was established in 1993 based in Egypt and provides various rehabilitation services. Furthermore, it works both in-house and through an outreach program, the services provided are targeting any person who was exposed to torture. Furthermore, it organizes national, regional and international campaigns concerning torture and related practices in Egypt.

**Areas of Work:** Psychological assessment, psychotherapy and psychiatric assistance, legal counseling, medical services and referral to a network of specialists.

#### **Related Organizations:**

- 1) Member of IRCT and AMAN Network.
- 2) Egyptians Against Torture
- 3) Amnesty
- 4) HRW
- 5) FIDH
- 6) Funding is afforded through the EU and OAK Foundation.

### 14) Khiam Rehabilitation Center (KRC)

**Website:** [www.khiamcenter.org](http://www.khiamcenter.org)

**Director:** Mohammed Safa



Al-Khiam Center for the Rehabilitation of the victims of torture aims to improve the health and psychological conditions of the persons who have been rescued from the Israeli concentration camps of torture. It establishes centers for medical, psychological and physical treatment and social, professional and educational rehabilitation.

Khiam Center is a non-governmental organization and their target mission is to work against violence, torture and poverty and to develop the economic and social rights for the marginalized groups including women, children, prisoners and refugees.

KRC is offering multidiscipline services of medical, psychological, social and legal in addition to the vocational assistance for TOV victims. Furthermore Khiam is playing a key role in organizing different conferences about torture, rehabilitation and defending human rights.

Along with the conferences in which they participate, they take part in surveys and assessments about the psycho-social and the mental health care. KRC is having a variety of documents and books, reports and press releases are all featured in various media outlets.

**Areas of Work:** Rehabilitation, Medical Assistance, free medicines, physiotherapy, Psychological Assistance, clinical examination and consultation, lab tests and simple surgical operations, Psychological treatment, psychiatrists, Social Assistance, Advocacy and Prevention, Raising Public Awareness Campaigns, Training sessions, workshops, and seminars about issues related to human rights.

#### **Related Organizations:**

- 1) KRC is a member of the International Council for Torture Victims.
- 2) Member of the global network against torture.
- 3) KRC is the secretariat of Aman Network
- 4) KRC was granted consultative status with ECOSOC in July 2010.
- 5) Member of IRCT
- 6) Member of SOS Torture
- 7) Member of Lebanese Coalition for the International Criminal Court.
- 8) Receive Funding from UNVFVT, OAK, Canadian Embassy in Beirut.
- 9) Receive Funding from Council for Development & Reconstruction and local fundraising.
- 10) Having a project funded by EIDHR.
- 11) KRC advocates in international forums such as at the UN High Commission for Human Rights and International Symposium against Torture.

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#### **15) Restart Center for Rehabilitation of Victims of Violence and Torture**

**Website:** [www.restartcenter.com](http://www.restartcenter.com)

**Director:** Suzanne Jabbour



Restart Center for Rehabilitation of Victims of Torture and Violence Restart Center is a Non-Governmental Organization (NGO) established in 1996, active in the field of rehabilitation of victims of torture and violence. Their primary objectives are to continue providing free rehabilitation services to torture survivors, and to building the professional capacity of service providers in the field of rehabilitation, furthermore, to create a central source of information and statistics in torture survivors in Lebanon.

**Areas of Work:** psychotherapy, psychiatric services, physical and medical services, physiotherapy, social counseling and reintegration, legal assistance, and monitoring and follow-up activities.

**Related Organizations:**

- 1) It is a founder member for (AMAN) Network in the Middle East and North Africa
- 2) Member Center in (IRCT).
- 3) Funding comes from the EC, Afkar II-Omsar (Office of the Minister of State for Administrative Reform), UNHCR, UNVFVT, OAK, the IRCT and local donors.

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**16) Centre Nassim Lebanese Center for Human Rights (CLDH)**

**Website:** [www.cldh-lebanon.org](http://www.cldh-lebanon.org)

**Director:**



Solida is a movement for defending the rights of the arbitrarily detained Lebanese in the Syrian prisons. It is based in Paris, France.

The Lebanese Center for Human Rights (CLDH) is a non-profit organization based in Beirut, it was established in 2006 by the Franco-Lebanese SOLIDA, Al-Nassim center is one of the CLDH projects which has been founded in 2007, the center provides multi-disciplinary professional support and case management for victims of torture and their families, services include psychotherapy, psychiatric services, medical and physical treatment in addition to social support, it also offers legal and financial assistance to its patients

Center Nassim aims to support and rehabilitate the TOV victims and their families, a team of skilled professionals are offering various services and case management, and their main objective is to facilitate the rehabilitation and social reintegration of victims of torture in Lebanon.

**Related Organizations:**

- 1) Member of the IRCT
  - 2) CLDH is a founding member of the Euro-Mediterranean Federation against Enforced Disappearance (FEMED),
  - 3) CLDH is a member of the Euro-Mediterranean Network of Human Rights (REMDH),
  - 4) CLDH is a member of the SOS Torture Network of the World Organization against Torture (OMCT),
  - 5) CLDH is a Founding Member of the Follow-Up Committee on Mass Graves, which advocates for the respect of international standards for exhumation practices.
  - 6) Nassim Center is a member of the Working Group on Torture Prevention (WGTP, based in Beirut)
  - 7) Nassim Center developed partnerships with the Organisation Mondial Contre la Torture and Centre Primo Levi, both in Paris, France
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## 17) Gaza Community Mental Health Program (GCMHP)

**Website:** [www.gcmhp.net](http://www.gcmhp.net)

**Director:** Dr. Eyad El Sarraj



The GCMHP is a Palestinian non-governmental, non-profit organization established in 1990 to provide comprehensive community mental health services - therapy, training and research - to the population of the Gaza Strip.

The GCMHP is a leading non-governmental organization in Palestine founded in 1990, there are three community centers with 36 professionals, and its stated purpose is committed to aid women, children, TOV victims and human rights violations in Gaza strip. GCMHP's vision is to secure a Palestinian society that respects human rights and in which people are able to live in freedom and with dignity.

GCMHP's main objectives are to empower vulnerable groups in the society including the torture survivors, using mental health training programs to develop local human resources, and to promote democracy and human rights, not just within the society but to have an influence on the political environment to further respect the Palestinian human rights.

GCMHP has conducted about 50 research studies on children, women and human rights issues and over 68 research studies examining trauma and a variety of psychosocial phenomena.

### **Related Organizations:**

GCMHP is involved with 18 international, regional and local networks and coalitions:

- 1) Member of the IRCT
  - 2) Member in the Network of Centers of Rehabilitation of Victims of Violence and Torture in the Middle East and North Africa
  - 3) Member in the United Against Torture Coalition and the Women World Summit Foundation.
  - 4) GCMHP has strategic relations with many local organizations including ministries, human rights groups, women's centers, etc.
  - 5) Receive Funding from Swiss Agency for Development and Cooperation, the Ministry of Foreign Affairs of the Netherlands, the Rehabilitation and Research Centre for Torture Victims – Denmark (RCT), and the Swedish International Development Cooperation Agency (SIDA).
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## 18) Treatment and Rehabilitation Center for Victims of Torture (TRC)

**Website:** [www.trc-pal.org](http://www.trc-pal.org)

**Director:** Dr.Mahmoud Sehwal



The Treatment and Rehabilitation Center for Victims of Torture (TRC), is a Palestinian non-governmental, non-profit organization, which was established to provide psychosocial services to survivors of politically motivated torture and violence, to their families and to their communities.

The Treatment and Rehabilitation Centre for Victims of Torture (TRC) is a non-governmental and non-profit human organization. TRC's main objectives are to promote human rights throughout the West bank and Gaza and to promote a community that rejects torture, violence and impunity, on the other hand to advocate and educate for de-stigmatization of torture and as a result to reduce the traumatic physical and psychological consequences of torture and violence. Comprehensive services are offered that is completely free of charge.

TRC works with traumatized school children, the injured in hospitals, or in their homes. On the advocacy side, various activities are conducted including newspaper articles, workshops, radio broadcast, and television spots. Moreover a general survey for assessing the prevalence of common psychiatric disorders is conducted on a yearly basis in the Palestinian community. One way or another, TRC is alleviating the suffering of survivors and families and thus facilitating their integration in the society.

**Areas of Work:** Psychiatric Services, Psychological treatment, medical and social services, training, research, advocacy.

### Related Organizations:

- 1) Receive funding from the Swiss Agency for Development and Cooperation, EC, UNVFFV, Norwegian Church Aid, Center for Victims of Torture, Rehabilitation and Research Center for Torture Victims, Representative Office of the Kingdom of the Netherlands to the Palestinian Authority and the IRCT.

## 19) JESoor Organization Trauma Recovery

**Website:** [www.jesoor.org](http://www.jesoor.org)

**Director:** Abdel hamid Afana



JESoor is a non-governmental and non-profit organization registered by the Palestinian Ministry of Interior, JESoor make contact and cooperation with all organizations that are committed to prevention of human rights and torture, furthermore believing in building bridges of peace, democracy and human rights.

JESoor's main objectives are to enhance social support network and community and to provide professional counseling training skills, in addition to raise awareness about the psychosocial consequences of torture, and thus to contribute in creating a generation



raised with respect for democracy, and that will be a reality by emphasizing the relationship between Childs and their parents.

**Areas of Work:** Clinical Assessment, Cognitive and Behavioral therapy, short-term psychodynamic and medical services and physiotherapy, Referral to legal advice, group therapy and family therapy/counseling.

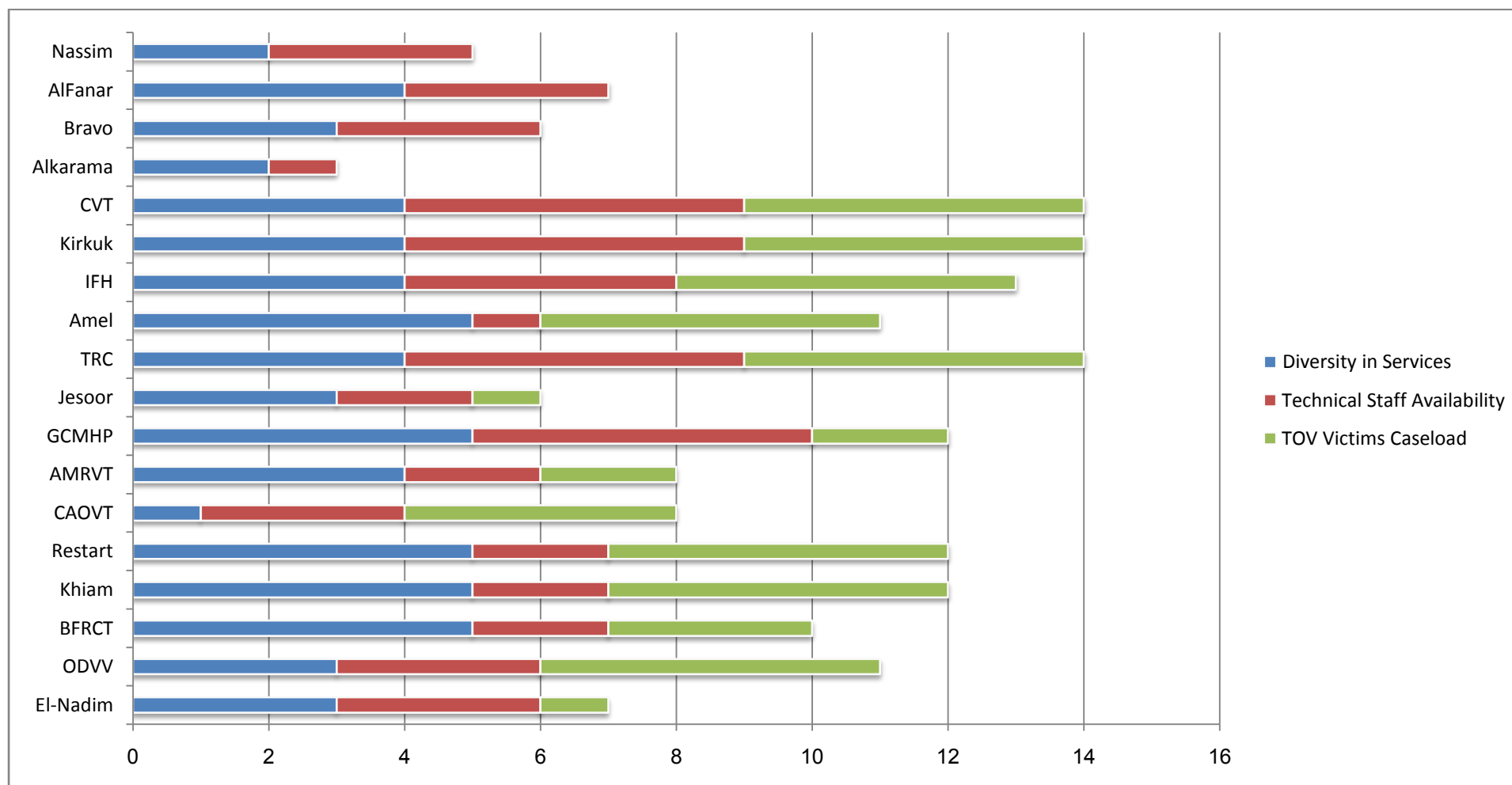
**Related Organization:**

- 1) Jesoor is an accredited center by the IRCT
- 2) Jesoor is a member of AMAN network
- 3) Jesoor is a member of Institute of Community and Family Psychiatry, McGill University
- 4) Jesoor is a member of Child Rights Information Network
- 5) Funding and Contributions come from regional and international donors in addition to professional contributions.

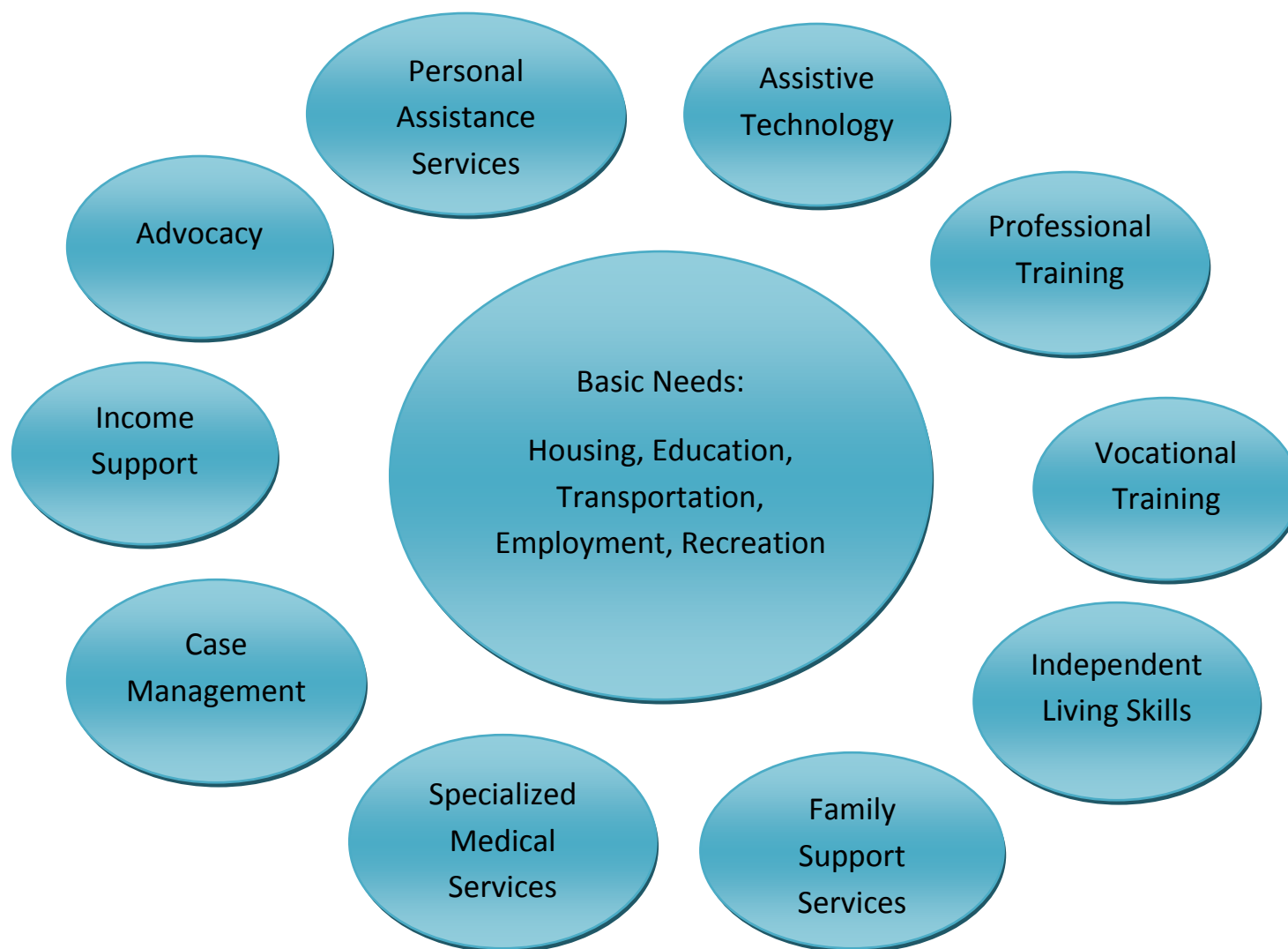
		Medical	Physiotherapy	Counseling	Community Visits	Financial Assistance	Psychiatric	Referrals	Social Welfare	Family-based treatment	Psychological	Legal	Others
Jordan	Institute for Family Health / Noor Al-Hussein Foundation (IFH)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Center for Victims of Torture (CVT)		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Bahrain	Bahrain National Committee for Martyrs and Victims of Torture (Bravo)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Al-Karama Center/Bahrain Human Rights Society	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		
Iraq	Bahjat Al Fuad Rehabilitation Centre for Torture Victims (BFRCT)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Heartland Alliance Rehabilitation Center / Kirkuk, Kurdistan	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Sudan	Al Fanar Rehabilitation Center	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Amel Center for Treatment & Rehabilitation for Torture Victims (ACTRTV)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Language Courses
Morocco	Medical Association for Rehabilitation of Torture Victims (AMRVT)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		Social Work, Re-education, Physiotherapy
	Forum for Truth and Justice – Reception and Orientation Center for Victims of Torture in Morocco (CAOVT)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		
Iran	Organization for Defending Victims of Violence (ODVV)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Referrals to public hospital for serious cases for physiotherapy

Egypt	El Nadim Center for the Management and Rehabilitation of Victims of Violence	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Campaigning on behalf of survivors
Lebanon	Khiam Rehabilitation Center for Victims of Torture (KRC)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		Rehabilitation for TOV victims as well as their families physically, psychologically, financially and Socially.
	Restart Center for Rehabilitation of Victims of Violence and Torture	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Centre Nassim Lebanese Center for Human Rights (CLDH) / Lebanon	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Palestine	Gaza Community Mental Health Program (GCMHP)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	Treatment and Rehabilitation Center for Victims of Torture (TRC)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
	JESOOR for Trauma Recovery		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		

In the following Chart a comparison of the different rehabilitation centers regarding Diversity in Services, Technical Staff Availability, and a scale which represents the TOV victims treated yearly.



Generally, the following chart shows the prioritized services for persons with physical, cognitive and sensory impairment



### **Activities and Services:**

There are many different training and development methods provided in those centers. In addition several activities are conducted, Note that a series of services and multi-disciplinary support and counseling services are provided in these organizations including medical attention and psychotherapeutic treatment, psychosocial support and trauma treatment, Legal services and redress in addition to social re-integration, all these services are gathered in holistic manner to improve and emphasize the mental health of torture victims.

In the case of refugees and asylum seekers, services might extend to include the assistance in documentation of torture for the asylum decision, also languages classes can be afforded for them to be able to find a place to live and work. Vocational training, financial and housing assistance and other support services are offered in cases of refugees and asylum seekers to help them with the integration into the host society. Therefore Rehabilitation centers play a key role in promoting democracy, co-existence and respect for human rights.

Several Services are provided in these centers, under the main services there are:

- 1) Psychosocial Services Support
- 2) Psychiatric services
- 3) Physiotherapy and Physical Rehabilitation Services
- 4) Medical assistance
- 5) Legal Counseling and Assistance
- 6) Advocacy and Defense of Economic and Social rights
- 7) Prescription medicine
- 8) Organization of forums in Anger Management and Life pressures
- 9) Culture and Community re-integration programs
- 10) Organization of Cultural Forums
- 11) Capacity Building and Training
- 12) Case Management
- 13) Training and technical assistance on trauma-informed care
- 14) Awareness-Raising and Lobbying Activities
- 15) Financial Assistance
- 16) Referrals to specialists
- 17) Family Based Treatment
- 18) Re-education (Educational Rehabilitation)
- 19) Assistance in re-constructing a social Network for refugees
- 20) Mobile Clinic
- 21) Empowering activists working against torture
- 22) Promoting the Rights of women
- 23) A school mediation program which aims to reduce the level of violence and to educate children in peaceful conflict resolution techniques. The program also trains school counselors, teachers and parents in mediation techniques.
- 24) Organization of psychosocially oriented summer camps for children
- 25) Recreational trips.
- 26) Telephone counseling.

### Training Curriculum:

Training is a significant requirement for an organization, especially the ones working in the field of rehabilitation. It has a great role in exploring other new ways to strengthen and support both individuals and organizations that work directly with the TOV victims.

And that is besides building an integrated network of rehabilitation centers and other service providers and sharing of the related information through publications for instance, a more active relationship is essential though between health and service providers.

- 1) Health Education
- 2) Psychiatric Assessment and Treatment
- 3) Child and Adolescent therapy
- 4) Psychomotor therapy
- 5) Parenting training
- 6) Patient Tracking System
- 7) Systemic Data Collection System
- 8) Interviewing Techniques and skills
- 9) Campaigns and training on domestic violence for law enforcement personnel
- 10) Training for police in witness interviewing
- 11) Trainings on how to identify signs of torture and ill-treatment
- 12) Training in Management of inter-prisoner violence
- 13) Stress Management and Relaxation Techniques
- 14) Interpreters
- 15) Nursing care to help monitor physical conditions
- 16) Listening techniques
- 17) The psychosocial consequences of torture on individuals, family and the community
- 18) The main therapeutic individual interventions
- 19) Community interventions.
- 20) Monitoring and documentation and economic empowerment of survivors
- 21) Listening and counseling skills to survivors of trauma
- 22) Development of psychotherapeutic skills.
- 23) Training of lawyers on qualified legal assistance

A number of Human rights training themes were incorporated in some of these organizations:

- 1) Prevention of Torture and Inhuman treatment or punishment.
- 2) Minimum standards of maintenance of prisoners.
- 3) Universal Declaration of human rights.
- 4) Regional and International mechanisms for the protection of human rights.
- 5) Training programs on human rights, asylum and migration to police and military personnel
- 6) Provide training to judges, prosecutors, law enforcement officials and community leaders on the strict application of the relevant legislation criminalizing harmful traditional practices, and other forms of violence against women.



## 7) Training of Prison Staff on Treatment of prisoners and Prisoners Rights while in prison or in detention

### Target Group and Beneficiaries:

In Rehabilitation, Target groups vary for every center, and thus the services offered differ accordingly. Some centers focus mainly on victims of torture, while other centers generally assist victims of organized violence. Based on the foregoing, the services diversity and the services caseload will differ. The ages and gender are other examples of differences which might affect the target group.

On the other hand, when we are talking about the target groups who might contribute in healing or assisting the TOV victims, we meant the trainees who might get use of training for the purpose of assistance.

Regarding the pre-described rehabilitation centers, many centers shared the same groups, thus in this report all the target groups are accumulated in this session and divided into three main categories:

- 1) **TOV Victims:** This category is provided with the needed rehabilitation services of physical, psychosocial, medical and legal services and they include:
  - Survivors of torture and their families
  - Victims of systematic rape and sexual violence
  - Children
  - Street children
  - Women victims of violence, torture and abuse
  - Refugees
  - IDPs
  - Common criminals at risk of receiving degrading or inhuman punishment
  - Ex-prisoners
- 2) **Community:** Performing awareness raising and Preventive Activities
  - Prison Staff
  - Marginalized categories in the society
  - Law Enforcement Personnel and Prison Staff
  - Training police in human rights issues
  - Community Leaders
  - Religious Leaders
- 3) **Trainees:** Providing training to people who can take part in awareness or healing
  - university students and Education Professionals
  - Volunteers
  - Former victims and health professionals in the field of trauma recognition
  - Lawyers
  - Social Workers and professionals
  - Human rights activists.

## Conclusion

Through analyzing the vision, mission and the strategic or main objectives of the organizations pre-listed, we have concluded the following organizations to have competencies and willingness to become regional:

- **TRC:** TRC is aiming at becoming a leading reference in the field, and in process of developing new treatment methodologies and staff, and they have a purpose of expanding their network base internationally, TRC organizes and participates in a variety of workshops, seminars and conferences throughout the West Bank, regionally and abroad.
- **Jesoor:** Jesoor plans to strengthen its regional and international network and strengthen its cooperation with the IRCT network and members.
- **GCMHP:** had an initiative in offering a Post-Graduate Diploma in Community Mental Health in cooperation with Islamic University in Gaza and seven international universities, the courses related to mental health and human rights are held for police and security officers, professionals working in schools and primary health care centers. It also has Strategic partnerships with health professional organizations, academic institutions and other international non-governmental.
- **Khiam:** their Primary objective is to Establish centers for treatment and social rehabilitation and vocational training, and it does not seem to be confined on the local level but intended to be regional in term of its plans of creating an Arab Network Against Torture, Arab organization for Defending Detainees, Arab Convention Against Torture and Lebanese Center for Human Rights, and pushing Arab Governments to sign CAT, OPCAT and the International Criminal Court Protocol.